

TARBIYYAT

Guidelines

A structured guide for the responsibilities of a Regional Nazim Tarbiyyat, Local Nazimeen management, Regional Amila engagement, and Khuddam development



MAJLIS
KHUDDAMUL AHMADIYYA
UNITED KINGDOM
TARBIYYAT

As Regional Nazim Tarbiyyat, you must lead by personal example and build a strong regional support team.



Lead by Example

Attend congregational prayers at your local Mosque or Salat centre consistently.



Daily Qur'an Reading

Read the Holy Qur'an daily along with its translation.



Religious Education

Increase religious knowledge by reading Jama'at literature.



Spiritual Focus

Focus on remembrance of Allah and pray voluntary prayers regularly.



Content Distribution

Share content from the National Tarbiyyat team with all regional Nazimeen in the regional Amila group.



Team Building

Identify 3 Khuddam from your region to assist you in executing this role.

Manage, train, and support your local Nazimeen through regular communication, meetings, and data tracking.



 If a local Nazim Tarbiyyat is inactive, conduct a wellbeing house visit. Assist them with their concerns and gently encourage them to take up their role.

Develop your Regional Amila through prayer goals, Qur'an circles, Friday Sermon discussion circles, self-assessment, and regular Tarbiyyat activities.



Congregational Prayer

Aim for **100% attendance daily rate** for regional Amila members at Fajr or Isha'a.



Weekly Qur'an Circles

Hold a weekly Qur'an discussion circle, refer to the Tarbiyyat Pack if needed. (in person/phone)



Monthly Get together

Hold at least 1 monthly get together or fun activity per month for Regional Amila members only.



Zikr App Tracking

Set up a regional Amila group on the Zikr app.
Encourage members to track their daily Zikr.
Share leaderboard weekly & announce 1st, 2nd, 3rd place during Regional Amila meetings.



Super Salat Day

Organise Super Salat Day for Regional Amila.
Make a rota to attend prayers in all mosques/Salat centres in your region.



Self-Assessment Forms

Distribute a Tarbiyyat self-assessment form to all Regional Amila members **twice a month** (aim for **100% participation**).
Members must input their name and role. Data is **strictly confidential** - only shared with Regional Qaid and Regional Nazim Tarbiyyat.
General statistics must be shared with the entire local Amila group every week the form is completed.

Create Form

Distribute
(2x/month)

Collect Data
(Confidential)

Share Stats
(Weekly)

⚠ Data shared ONLY with Qaid & Regional Nazim

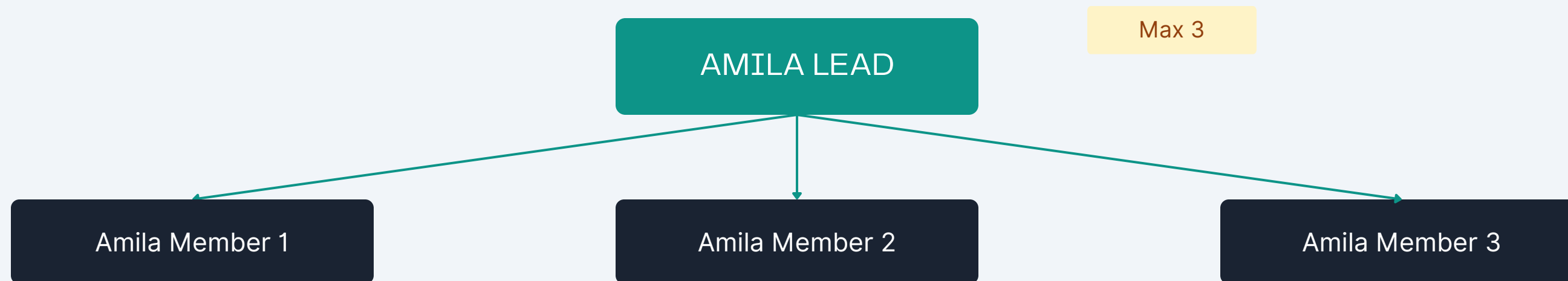
100%
Attendance Target

2x/month
Form Frequency

100%
Participation Goal

Weekly
Stats Sharing

Buddy System Structure



Key Responsibilities of Group Leads



Well being House Visits

Conduct house visits to encourage group members to attend congregational prayers at the local mosque or Salat centre.



Weekly Friday Sermon Discussion Circle

Organise weekly Friday Sermon discussions with assigned Amila members (in person or over the phone). Refer to weekly Friday Sermon Poster or the Friday Sermon Summary section on alislam.

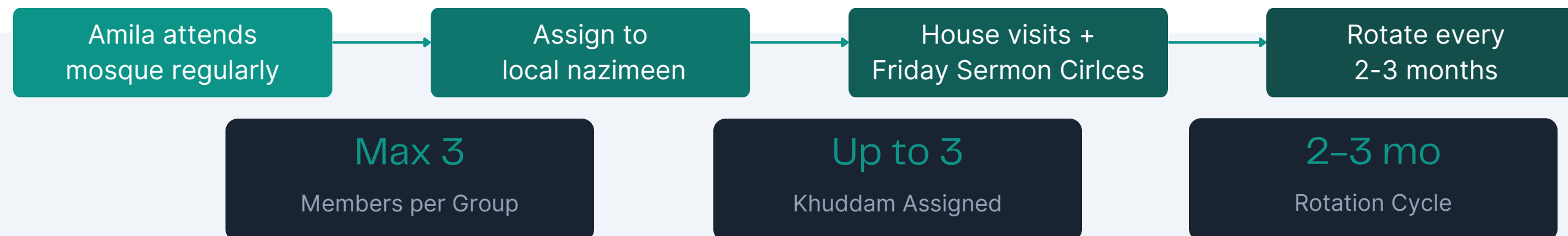


Progression

Members who establish regular attendance should be assigned to their local Nazimeen to assist with the buddy system at a local level.

Apply the same approach: house visits, encouraging congregational prayer, and weekly Friday Sermon discussion circles.

Rotate Amila members every 2-3 months.



Buddy System Ethos

Inspired by the Holy Qur'an

And remember when Abraham said, 'My Lord, show me how Thou givest life to the dead.' He said, 'Hast thou not believed?' He said, 'Yes, but I ask this that my heart may be at rest.' He answered, 'Take four birds and make them attached to thyself. Then put each of them on a hill; then call them; they will come to thee in haste. And know that Allah is Mighty, Wise.'

(2:261)

Inspired by Muakhat system

The Muakhat System (or Pact of Brotherhood) was established by the Holy Prophet Muhammad (sa) to integrate the Muhajirun (migrants from Mecca) with the Ansar (local residents of Medina). It paired individuals into spiritual and practical "brothers" to ensure the survival of the newly formed Muslim community.

Hazrat Mirza Bashir Ahmad (ra) writes

The Holy Prophet (sa) established a covenant of brotherhood between the Ansar and the Muhajireen. He paired individuals from both groups together, making each pair 'brothers.' As a result, the two groups became so united through love, sincerity, and mutual sacrifice that they appeared as one soul in two bodies.

The Ansar came to regard the Muhajireen as their own brothers. The Muhajireen had previously been engaged in trade and other occupations in Makkah, but because they were not familiar with such work in Madinah, the Ansar voluntarily made arrangements to share their orchards and agricultural lands with them. Thus, the Muhajireen received a share in the produce of these lands. Gradually, in accordance with their abilities and skills, the Muhajireen began engaging in various trades in Madinah. Their circumstances slowly improved, and they no longer remained dependent upon the support of the Ansar.

It is narrated that when the Muhajireen observed this extraordinary kindness and compassion from the Ansar, they once came before the Holy Prophet (sa) and praised the conduct of the Ansar, saying:

"O Messenger of Allah! We have never seen people like them. Whenever prosperity is available, they share it with us, and whenever hardship comes, they do not allow us to bear it alone. We fear that they may take away all the reward from Allah, leaving nothing for us."

The Holy Prophet (sa) replied:

"No, this will not happen, so long as you continue to pray for them and acknowledge their kindness."

Engage Khuddam at a regional level through Real Talk sessions, Fajr behind Huzoor, Zikr tracking, and CARS logging.



Weekly

CARS Logging

Ensure attendance of prayers at local mosque/Salat centre is logged on CARS on a weekly basis. Pass information to Regional Nazim Tarbiyyat.

Weekly

Zikr App Leaderboard

Share weekly leaderboard with Khuddam and recognise most active Khuddam during monthly regional event.

Monthly

Real Talk Sessions

Discuss sensitive issues using viral video clips. Keep track of questions asked. Refer to the Tarbiyyat pack for monthly discussion areas.

Monthly

10%

Monthly House visit Audits

- Ensure local Qiadats have completed their 70% house visit target
- Accompany local nazimeen on house visits
- Provide support for difficult cases.

Monthly / Quarterly

Markaz Visits

Organise monthly if within 1 hour from Islamabad. Otherwise, organise at least once every 3 months. A key spiritual activity for regional Khuddam.