Honouring Our Pledge

Strengthening Salat and Our Bond with Khilafat



Based on the guidance given by Hazrat Khalifatul Masih V (aa) at the National Khuddam Ijtema 2026

Tarbiyyat Pack October 2026

Majlis Khuddamul Ahmadiyya UK

What Does Our Pledge Ask of Us?

In his Ijtema address, Huzoor (aa) reminded Khuddam that their education, abilities and youthful energy offer valuable opportunities to serve the Jama'at and humanity.

However, the progress of a religious community depends upon Allah's grace, righteousness and a close relationship with Him.

Accepting the Promised Messiah (as) carries a responsibility: to give precedence to faith, fulfil the rights of Allah and care for His creation.

This October, we will reflect on how our pledge can shape our prayers, our relationship with Khilafat and our everyday conduct.

This month, aim to:



1. Become more consistent in the five daily prayers.



2. Develop greater attention and humility in Salat.



3. Understand the responsibilities of our Bai'at.



4. Translate the guidance of Hazrat Khalifatul Masih V (aa) into action.



5. Treat others with honesty, compassion and respect.

Which of these areas needs the most attention in my life?

Understanding Our Commitment

Huzoor (aa) focused on the third and tenth conditions of Bai'at.



The Third Condition — Worship

The third condition includes a commitment to observing the five daily prayers in accordance with the commands of Allah and the Holy Prophet Muhammad (sa).

In the address, Huzoor (aa) emphasised regularity, sincerity and developing a living connection with Allah through worship.

Does my daily routine show that Salat is a priority?



The Tenth Condition — Loyalty and Obedience

The tenth condition concerns a lifelong bond with the Promised Messiah (as), obedience in everything good and faithfulness to that commitment.

Huzoor (aa) explained how this commitment should strengthen our relationship with the Jama'at and Khilafat.

How does my commitment influence what I do after hearing guidance?

Summary of the aspects discussed in the address
National Khuddam Ijtema

Prayer Should Change Us

Huzoor (aa) explained that sincere Salat protects a believer from indecency and wrongdoing.

Its effect should extend beyond the moments spent on the prayer mat.

Prayer should help us resist harmful influences, speak truthfully, fulfil our responsibilities and respect the rights of others.



Three areas to reflect upon:

What I watch

Do my online choices support the character I am trying to develop?

What I say

Am I truthful and respectful, including when I am frustrated?

How I deal with others

Am I fair in my studies, work, business and personal commitments?

Activity:

Choose one habit that conflicts with the person you want to become. Privately record one practical change you will make this week.

Through greater attention to Salat, I want to improve...

Build Your Day Around Salat

Busy schedules and demanding work should not become routine reasons for neglecting prayer. Huzoor (aa) encouraged Khuddam to offer prayers in congregation whenever possible.

Where work or a genuine necessity prevents congregation, the responsibility to offer prayer at its proper time remains.



Activity: My Prayer Plan

Prayer	Where will I pray?	What preparation will help?
Fajr		
Zuhr		
Asr		
Maghrib		
Isha		

Practical planning prompts:

- Check the local prayer timetable.
- Identify a suitable place to pray at work or university.
- Prepare for Fajr through your evening routine.
- Plan opportunities to attend congregational prayer.
- Address predictable obstacles before they arise.

Which prayer is most difficult for me to protect, and what will I change?

Standing Before Allah

Huzoor (aa) emphasised that Salat should be offered with humility, concentration and the conviction that Allah hears our suplications.

Allah's power and resources are limitless. We should approach Him with trust, recognising our dependence upon His grace.

Before prayer

Put aside avoidable distractions and pause to remember before Whom you are about to stand.

During prayer

Attend to the meaning of the words and bring your attention back when your mind wanders.

In suplication

Acknowledge your weaknesses and ask Allah for help to improve.

After prayer

Consider one way your conduct can reflect what you have prayed for.



What most often distracts me, and how can I prepare better?

Keep Turning Towards Allah

Huzoor (aa) advised against becoming hopeless or assuming that Allah is not listening. A believer should remain steadfast in prayer and examine whether their own actions reflect Allah's commands.

When worship feels difficult or lacks spiritual delight, we should continue seeking Allah's help with humility. Recognising the temporary nature of life can deepen our sincerity and sense of purpose.

Discussion scenario:

A Khadim says: "I try to pray, but I often feel distracted."
I do not experience the connection I hoped for."

Discuss:

1. Which teachings from the address would encourage him?
2. How could he work on his preparation and concentration?
3. How can a friend support him with kindness?

Personal action:

Write one sincere suplication asking Allah to help you strengthen your worship.



From Love to Action

Huzoor (aa) explained that the bond established through Bai'at is a serious, lifelong commitment. It should strengthen our attachment to the Promised Messiah (as), his mission and Khilafat.

Expressions of affection and loyalty become meaningful when they are accompanied by action.

Listening to guidance should lead us to examine our choices and make practical changes.

Activity: Guidance Into Action

1. A teaching from this address that stands out to me:

2. What this asks me to change:

3. The first step I will take:

4. When I will review my progress:

What helps us remember and act upon guidance after an Ijtema or Jamaat gathering has ended?

Obedience and Personal Responsibility

Huzoor (aa) explained Ma'ruf in relation to instructions grounded in the commands of Allah, the Holy Qur'an and the teachings of the Holy Prophet Muhammad (sa).

He also distinguished the institution of Khilafat from individual office-bearers. A person's shortcomings should not become a reason to abandon our own religious responsibilities or weaken our connection with the Jama'at.

The address also recalled the principle that an instruction contrary to the commands of Allah and His Messenger should not be implemented.



Discussion scenario:

A Khadim feels disappointed by the behaviour of an office-bearer and begins withdrawing from Jama'at activities.

Discuss:

- How can we acknowledge his concern with compassion?
- Why should an individual's conduct be distinguished from the teachings of the Jama'at?
- How could he seek clarification or raise his concern respectfully?
- Which personal commitments should he continue to protect?

How can I respond to disappointment while remaining fair, sincere and responsible?

Let Our Conduct Reflect Our Faith

The address connected worship and obedience with practical moral reform. Huzoor (aa) reminded Khuddam to leave falsehood, avoid arrogance, respect others' rights and treat people with love and compassion.



At home

Speak respectfully, fulfil responsibilities and notice when someone needs help.



With friends

Avoid harmful conversations and encourage one another towards good.



At work or in education

Be honest, honour commitments and treat others fairly.



Within the Jama'at

Serve willingly, cooperate with others and respond to difficulties with patience.

Activity: One Right to Fulfil

Identify one responsibility you have neglected. Choose a specific action to put it right this week.

The responsibility:

The action:

When I will complete it:

Week One: Protecting Our Prayers

Aim: Help each Khadim create a realistic plan for greater consistency in Salat.

Suggested 40-minute session:

5 minutes — Opening reflection
Introduce the month's theme and discuss why worship is central to our pledge.

13 minutes — Speech study
Review the section 41:20-53:34 on busy lives and the obligation of prayer.

10 minutes — Group discussion
Identify common obstacles: sleep, travel, studies, work and distractions. Discuss practical responses.

8 minutes — Personal planning
Complete the prayer plan on page 5.

4 minutes — Closing reflection and dua
Each participant privately chooses one change to begin immediately.



Weekly action: Follow your plan and review which preparation helped most.

Week Two: Deepening Our Worship

Aim: Develop greater humility, attention and trust in prayer.

Suggested 35-minute session:

5 minutes — Opening discussion

What is the difference between completing an action and giving it our full attention?

8 minutes — Speech study

Review approximately 37:50-41:20 on concentration, trust and examining our conduct.

10 minutes — Paired discussion

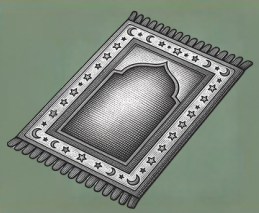
Use the scenario on page 7. Identify encouraging and practical responses.

8 minutes — Private reflection

Write a personal suplication and select one preparation habit from page 6.

4 minutes — Closing reflection and dua

Emphasise persistence and dependence upon Allah's grace.



Weekly action: Give particular attention to preparation before prayer and reflect privately on what changes.

Week Three: Turning Guidance Into Action

Aim: Strengthen understanding of our pledge and its practical connection with Khilafat.

Suggested 35-minute session:

5 minutes — Opening reflection
What makes a commitment visible in everyday life?

8 minutes — Speech study
Review approximately 52:52-56:00 on the tenth condition of Bai'at and maintaining a firm connection.

10 minutes — Group discussion
Discuss the difference between expressing loyalty and acting upon guidance.

8 minutes — Personal commitment
Complete the "Guidance Into Action" exercise on page 8.

4 minutes — Closing reflection and dua
Encourage each participant to identify a specific, achievable step.



Weekly action: Revisit one teaching from the address and make a practical change in response.

Week Four: Fulfilling the Rights of Others

Aim: Connect personal worship with honesty, compassion and service.

Suggested 35-minute session:

5 minutes — Opening reflection
How should prayer influence the way other people experience our behaviour?

8 minutes — Speech study
Review approximately 1:03:42–1:07:07 on prayer, truthfulness, humility and others' rights.

10 minutes — Scenario discussion
Consider a broken promise, an unfair remark or an overlooked responsibility. Discuss how to put matters right.

8 minutes — Action planning
Complete the activity on page 10. Where appropriate, agree on a small local act of service.

4 minutes — Closing reflection and dua
Pray for sincerity and consistency in fulfilling our responsibilities.



Weekly action: Carry out one specific act that fulfils another person's right or offers meaningful help.

Honouring Our Pledge Beyond October

The purpose of this month is lasting improvement. Huzoor (aa) called upon Khuddam to grow in righteousness, fulfil the rights of Allah and His creation, and serve the mission of the Promised Messiah (as).

Choose one change that you will carry into the coming month.

My continuing commitment:

One prayer habit I will protect:

_____

One aspect of my character I will improve:

_____

One teaching I will continue to act upon:

_____

My review date:

_____

Suggested personal dua:

O Allah, help us to honour our pledge, establish our prayers with sincerity, remain faithful to the guidance of Khilafat, and fulfil the rights of Your creation. Ameen.