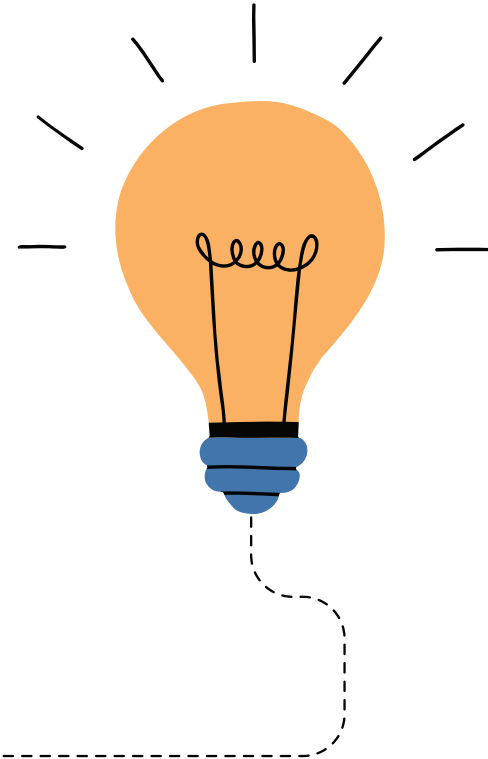


Light Talks

Where faith meets reflection



Talim Department MKA UK



MAJLIS
KHUDDAMUL AHMADIYYA
UNITED KINGDOM

CONTENT

3-6 Understanding How Salat helps against immoralities

06 Discussion on the topic of the class

07 Salat Translation

12 **Death of Jesus**

15 Birth of the Holy Prophet (sa)

18 Moments from Divine Life

19 Nurul-Qur'an: Defending the Character of the Holy Prophet ^{sa}

23 Quiz



Objective

- **Objective of the Class**
- To explain the Qur'anic teaching: *"Surely, Prayer restrains from indecency and manifest evil."* (29:46)
- To emphasise, using the words of the Promised Messiah (as), that true Salat must bring inner change, not remain a ritual.
- To encourage Khuddam to reflect on their own Salat and identify ways to make it transformative and morally uplifting.

Holy Quran

أَتْلُ مَا أُوحِيَ إِلَيْكَ مِنَ الْكِتَابِ وَأَقِمِ الصَّلَاةَ ۖ إِنَّ
الصَّلَاةَ تَنْهَى عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ ۗ وَلَذِكْرُ
اللَّهِ أَكْبَرُ ۗ وَاللَّهُ يَعْلَمُ مَا تَصْنَعُونَ ﴿٢٥٧﴾

Recite that which has been revealed to thee of the Book, and observe Prayer. Surely, Prayer restrains *one* from indecency and manifest evil, and remembrance of Allah indeed is the greatest *virtue*. And Allah knows what you do.

And those who bear not false witness, and when they pass by anything vain, they pass on with dignity;

(25:73)





The Holy Prophet (sa) said:

"The first thing for which a person will be brought to account on the Day of Judgment will be his Prayer. If it is found complete, he will be successful and prosperous. But if it is defective, he will be ruined and will be a loser."



So-Said-the-Promised-Messiah

“Namaz is not just a ritual of standing, bowing and prostrating. True Prayer is that which creates a transformation within man, and saves him from indecency and evil. If a person offers Salat yet continues to indulge in sin, then that Salat is not real Salat. Real Salat is that which produces a light, and through that light man is saved from every kind of evil.”

(Malfuzat, Vol. 7, p. 277, 1985 Edition)

Discuss:

What are some signs that our Salat is bringing true change in us?



Discussion

- How can regular Prayer practically stop a person from bad habits?
- What does “indecentcy and manifest evil” mean in today’s context?

Salat Translatio Revision

Prayer between two Sajdahs

دو سجدوں کے درمیان کی دُعا

Rabigh-fir-lee warham-nee				رَبِّ اغْفِرْ لِي وَارْحَمْنِي	
O my Lord, forgive me and have mercy on me				اے میرے رب مجھے بخش دے اور مجھ پر رحم فرما	
warham-nee	وَارْحَمْنِي	igh-fir-lee	اغْفِرْ لِي	Rabi	رَبِّ
have mercy on me	اور رحم کر مجھ پر	forgive me	بخش دے مجھے	my Lord	اے میرے رب

wa-hdi-nee wa 'aafi-nee waj-bur-nee				وَاهْدِنِي وَ عَافِنِي وَ اجْبُرْنِي	
and guide me and grant me security make good my shortcomings				اور ہدایت دے مجھے اور خیریت سے رکھ مجھے اور اصلاح کر میری	
waj-bur-nee	وَ اجْبُرْنِي	wa aafi-nee	وَ عَافِنِي	wa-hdi-nee	وَاهْدِنِي
and make good my shortcomings	اور اصلاح کر میری	and grant me security	اور خیریت سے رکھ مجھے	and guide me	اور ہدایت دے مجھے

wa-rzuq-nee wa-rfa`-nee				وَ ارْزُقْنِي وَ ارْفَعْْنِي	
and provide for me and raise me up (in status)				اور مجھے رزق عطا کر اور (رتبہ) بلند کر میرا۔	
wa-rfa`-nee	وَ ارْفَعْْنِي	wa-rzuq-nee		وَ ارْزُقْنِي	
and raise me up (in status)	اور (رتبہ) بلند کر میرا	and provide for me		اور رزق عطا کر مجھے	

Salat

- Say it aloud slowly and clearly. Repeat 2–3 times.

- **Pair practice**

Khuddam should pair up:

One says Arabic, the other says meaning.

Then switch roles.

Short Quiz

- **What is the meaning of “Rabigh-fir-lee” رَبِّ اغْفِرْ لِي؟**
 - a) O my Lord, guide me
 - b) O my Lord, forgive me
 - c) O my Lord, grant me security
 - d) O my Lord, provide for me
- **Which part of the dua means “and grant me security”?**
 - a) wa-rzuq-nee (وَارْزُقْنِي)
 - b) wa-‘aafi-nee ((وَعَافِنِي)
 - c) wa-hdi-nee (وَاهْدِنِي)
 - d) waj-bur-nee (وَاجْبُرْنِي)
- **The phrase “waj-bur-nee” وَاجْبُرْنِي refers to:**
 - a) Guide me
 - b) Provide for me
 - c) Make good my shortcomings
 - d) Forgive me

Answers

- **What is the meaning of “Rabigh-fir-lee” رَبِّ اغْفِرْ لِي؟**
b) O my Lord, forgive me
- **Which part of the dua means “and grant me security”?**
- wa-‘aafi-nee ((وَعَافِنِي))
- **The phrase “waj-bur-nee” وَاجْبُرْنِي refers to:**
- Make good my shortcomings

Refuting the Physical Ascension of Jesus (as)

- **Surah Bani Isra'il (17:94–95):**

- *“Or thou have a house of gold **or thou ascend up into heaven**; and we will not believe in thy ascension until thou send down to us a book that we can read...”*
“Say, ‘Holy is my Lord! I am not but a man sent as a Messenger.’”
- **Context:** Disbelievers asked the Holy Prophet Muhammad (sa) for miraculous signs, like ascending to heaven physically.
- **Response:** The Prophet (sa) rejected this demand by humbly affirming he is only a man and a messenger ,not divine or supernatural.
- **Conclusion:** If physical ascension was not granted to the Prophet (sa), it would be inconsistent to believe it occurred for Jesus (as).

Points to Consider

- **Faith Must Be in the Unseen:**
- Allah does not show such extreme signs in this world because it would remove the test of belief in the unseen.
- **Respect for the Holy Prophet (sa):**
- It would be disrespectful to claim that Jesus (as) was given a status (like physical ascension) that was denied to the Holy Prophet (sa).
- **Two Messiahs are Different People:**
- Hadith in Bukhari describes Jesus (as) and the Promised Messiah (as) with **different physical features**, proving they are **not the same person**.
- The term "son of Mary" used for the Promised Messiah (as) is **metaphorical**, indicating spiritual resemblance, not physical identity.

Points to Consider

Discussion Points

- **Why do you think Allah emphasizes belief in the unseen instead of constantly showing miracles?**
- **If the Prophet Muhammad (sa) was not granted physical ascension, what does that tell us about the nature of Prophethood in Islam?**
- **What do you think is the wisdom behind metaphorically calling the Promised Messiah (as) the “son of Mary”?**
- **How can we explain to a Christian friend, using Qur’an and Hadith, that Jesus (as) did not physically ascend to heaven?**

Islam



The Incident of
Aṣḥābul-Fil
(The People of
the Elephant)

571 AD

The **Birth** of
the Holy
Prophet ^{sa}

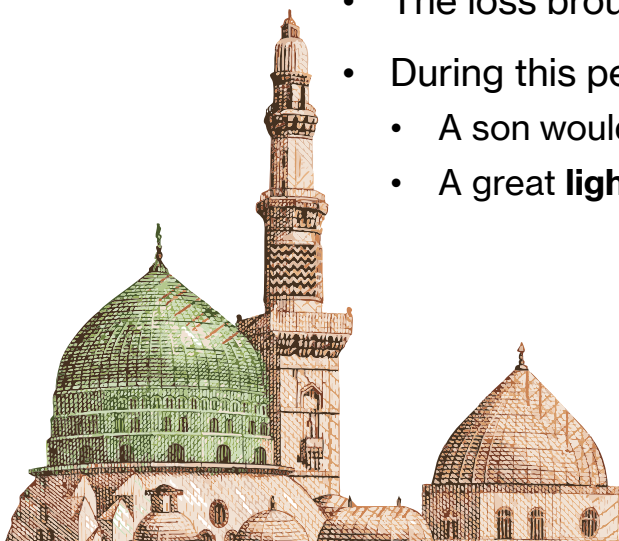


Holy Prophet (sa) Life

Marriage and Passing of ‘Abdullāh (Father of the Holy Prophet ﷺ)

- A few months before the **Year of the Elephant**, ‘Abdul-Muṭṭalib married his son ‘**Abdullāh** to **Āminah bint Wahb**, a noble lady of the Banū Zuhrah tribe.
- At the same time, ‘Abdul-Muṭṭalib himself married **Hālah bint Wahb** (cousin of Āminah). From this marriage, **Ḥamzah (ra)** was later born.
- Soon after his marriage, ‘**Abdullāh travelled for trade** to Syria. On his return, he fell ill in **Yathrib (Madīnah)** and passed away there, being buried among his relatives, the **Banū Najjār**.
- At that time, **Āminah was expecting**. ‘Abdullāh left behind:
 - 5 camels
 - a few goats
 - a servant named **Ummi Aiman**.
- The loss brought great grief to both ‘Abdul-Muṭṭalib and young Āminah.
- During this period, **Āminah saw a dream** that:
 - A son would be born to her, named **Muḥammad** .ﷺ
 - A great **light would shine from her**, spreading to distant lands.

Holy Prophet (sa)Life





Moments from a Divine Life

- Incident Related by Hazrat Mufti Muhammad Sadiq (ra)
- The Promised Messiah (as) was once busy writing when someone **knocked loudly** at the door.
- Hazrat Mufti Muhammad Sadiq (ra) opened the door and found a man sent by **Maulvi Muhammad Ahsan of Amroha**.
- The man conveyed the news that Maulvi Sahib had held a **religious debate (munazirah)** with a non-Ahmadi scholar and had achieved a **clear victory**.
- When this message was delivered, the Promised Messiah (as) **smiled gently** and said:

“From the loud knock, I had thought perhaps Europe had entered the fold of Islam, and this man had come knocking so loudly to share that happy news.”

Majlis Khuddamul Ahmadiyya UK
Book of the Year 2024-25



Nurul Quran
The Light of the Holy Quran
by The Promised Messiah^{as}



MAJLIS
KHUDDAMUL AHMADIYYA
UNITED KINGDOM

**Read the book
online today!**



**Scan for
English PDF**

**Scan to read
in Urdu on
Al-Islam**



Ruhani Khazain Volume 9
Pages: 324-458
Nurul Quran Numbers 1 & 2

* You can also contact your local
book shop for a physical copy

Nurul Quran
Written 1895
Volume 9 of Ruhani Khazain



**Read the attached
pages of the book.**



Grasp the Message

How should a Muslim respond when their religious figures are insulted? What example does Hazrat Ahmad (as) show in his tone and arguments?

How does the Promised Messiah (as) balance firm defence of Islam with maintaining respect for the true Jesus (as)?





Kahoot Quiz

MKA Talim Quiz - August 2025

<https://create.kahoot.it/share/mka-talim-quiz-august-2025/977c52df-323c-4859-9cc0-5be85c835c2f>