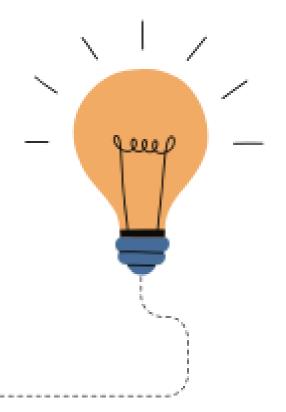
### **Light Talks**

Where faith meets reflection

Talim Department MKA UK





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### **Objective**

 To help understand the importance of avoiding vain and useless activities (*laghw*) as taught in the Holy Qur'an and Hadith, and to encourage to adopt purposeful and dignified conduct in daily life.

### **Aim**

- Identify modern examples of *laghw* in their own lives.
- Explain the Qur'anic instruction to "pass by with dignity" when faced with vain talk or actions.
- Commit to at least one practical change to replace a vain habit with a meaningful or spiritual activity.



### **Holy Quran**

وَالَّذِيْنَ لَا يَشْهَدُونَ الزُّوْرَ أَ وَإِذَا مَرُّوَا بِوَالَّذِيْنَ لَا يَشْهَدُونَ الزُّوْرَ أَ وَإِذَا مَرُّوَا بِوَالًا ﴿٧٣﴾

And those who bear not false witness, and when they pass by anything vain, they pass on with dignity;

(25:73)



"Part of a person's being a good Muslim is his leaving alone that which does not concern him."

(Tirmidhi, Hadith 2317)



### So-Said-the-Promised-Messiah

"It is a general rule that when a person engages in confrontation with someone, he ends up having to say something or the other, just as in a legal dispute. Therefore, it is better to avoid confrontation with such people altogether. Close the door to conflict. Guard your tongue. Do not go near those who would provoke you. Do not listen to their nonsense, and do not follow the ways of those who act out of ignorance. The Holy Qur'an has commanded this when it says: 'And when they pass by anything vain, they pass by with dignity.' (Surah Al-Furqan 25:73) If you act upon this teaching, then by Allah's grace you will become truly sincere and devoted to Him."

### **Salat Translation Revision**

رُکوْع Rukoo'

Subhaana Rabbi-yal `Azeem				سُبْحَانَ رَبِّىَ الْعَظِيْمِ ط				
Holy is my Lord, the Most Great				پاک ہے میرا رہ بڑی عظمت والا ہے				
al `Azeem	الْعَظِيْمِ	Rabbi		رَبِّى	Subhaana	سُبْحَانَ		
the Most Great	بروى عظمت والا	my Lord		میرا رب	Holy is	پاکہ		

تسْمِيْع Tasmee'

Sami'-Allaahu liman hamidah			سَمِعَ اللّٰهُ لِمَنْ حَمِدَه ٔ ط					
Allah hears him who praises Him			س کی اللہ تعالے نے اسکی (دعا) جس نے اس کی تعریف کی۔					
hamidah	حَمِدَهٔ	liman	لِمَنْ	Allaahu	اللَّهُ	Sami'	سَمِعَ	
praises Him	تعریف کی اسکی	who him	اسکی جس نے	Allah	اللہ(نے)	hears	سن لی	

### Salat

• Say it aloud slowly and clearly. Repeat 2–3 times.

#### Pair practice

Khuddam should pair up:

One says Arabic, the other says meaning.

Then switch roles.

### **Learn Salat Translation**

تحْمِيْد

Rabbanaa wa lakal hamd			رَبَّنَا وَ لَکَ الْحَمْدُ				
Our Lord, Yours is the praise			اے ہمارے رہے سب تعریف تیرے ہی گئے ہے۔				
al hamd	الْحَمْدُ	wa laka		وَ لَکَ	Rabbanaa	رَبَّنَا	
the praise	(سب)تعریفیں	Yours is		تیرے لئے	Our Lord	ہمارے رہ	

hamdan katheeran tayyiban mubaarakan feeh					حَمْدًا كَثِيْرًا طَيّبًا مُّبَارَكًا فِيْهِ ط			
praise that is abundar	nt, pure and f	ull of blessi	ngs		ريف _ پا کيزه اور بر	بهت زياده تع		
mubaarakan-feeh	مُّبَارِكاً فِيهِ	tayyiban	طَيّبًا	katheeran	كَثِيْرًا	hamdan	حَمْدًا	
(and) full of blessings	بركت والى	pure	پا کیزه	(that is)	بهت زیاده	praise	تعريف	
				abundant				

### **Short Quiz**

- What does Rabbanaa mean?
- a) The praise
  - b) Our Lord
  - c) Yours is

#### What is the meaning of tayyiban?

- a) Abundant
  - b) Pure
  - c) Full of blessings

#### What is the Arabic word for abundant?

- a) Tayyiban
  - b) Katheeran
  - c) Mubaarakan

#### **Translate this phrase:**

wa laka al hamd



#### Which part of the Tahmeed means "full of blessings"?

- a) Katheeran
  - b) Mubaarakan feeh
  - c) Hamdan

### **Answers**

- What does Rabbanaa mean?
- b) Our Lord
- What is the meaning of tayyiban?
- b) Pure
- What is the Arabic word for abundant?
- b) Katheeran
- Translate this phrase:
- wa laka al hamd Yours is the praise
- Which part of the Tahmeed means "full of blessings"?
- b) Mubaarakan feeh

# Revision: Death of Jesus (as) & Meaning of 'Khalat'

#### **Quick Recap Questions:**

- What does the word 'Khalat' mean in the Holy Qur'an?
- Can anyone name a verse we studied where 'Khalat' was used? (e.g. 2:135, 2:142, 5:76)
- What do classical Arabic lexicons say about the word 'Khalat'?
- Why is it important that no location is mentioned in these verses?

# Handout: Isa (as) Has Passed Away Like All Messengers Before Him

- The Holy Qur'an (5:76) tells us:
- "The Messiah, son of Mary, was only a Messenger; surely, Messengers like unto him had indeed passed away before him. And his mother was a truthful woman. They both used to eat food."
  - Discuss

What does this verse tell us about who Isa (as) was?

Why does Allah call him only a Messenger?

### They both used to eat food." (5:76)

 Why does the Qur'an mention that Isa (as) and Mary (as) used to eat food? What does this teach us?

- If Isa (as) were alive in heaven, would he need food?
- Does anyone believe Mary (as) is alive in heaven eating food?

# Islam



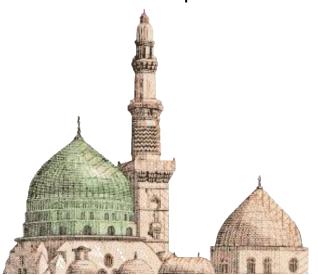
The Incident of

### Aṣḥābul-Fīl

(The People of the Elephant)

571 AD

The **Birth** of the Holy Prophet sa

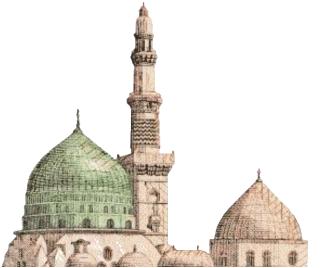


Holy Prophet (sa)Life

### The Birth of the Holy Prophet

#### When was he born?

- The Holy Prophet Muhammad was born about 25 days after the event of *Ashab-ul-Fil* (the People of the Elephant).
- His birth date is reported as **12 Rabi'ul-Awwal 570 AD** or, according to some more recent research, **9 Rabi'ul-Awwal 571 AD**.
- It was a Monday morning, in the Valley of Bani Hashim in Makkah.



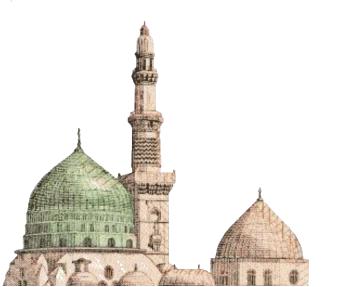
Holy Prophet (sa)Life

### The Birth of the Holy Prophet

#### **Discuss:**

Why do you think Allah linked the Prophet's birth with the event of Ashab-ul-Fil?

What lesson can we take from how Allah protected both the Ka'bah and sent the Prophet?



Holy Prophet (sa)Life

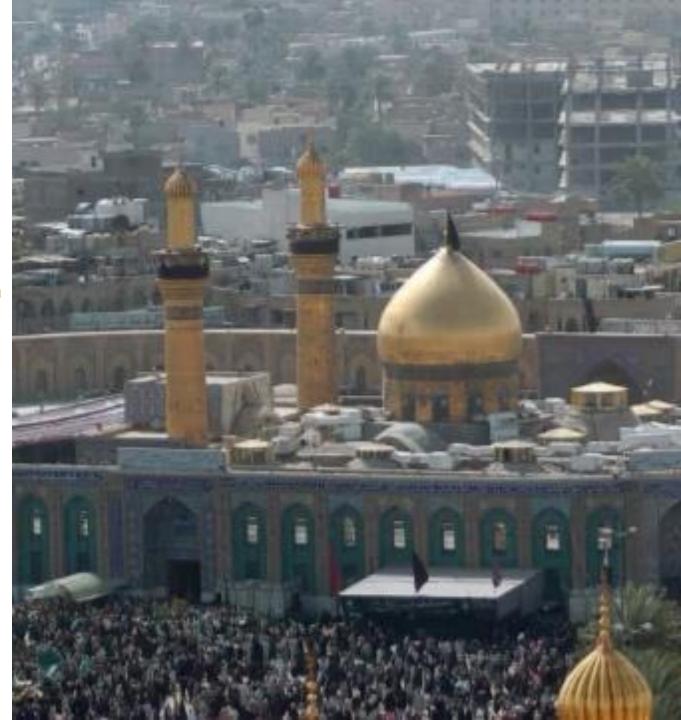
# Moments from a Divine Life

Hazrat Mirza Ghulam Ahmad<sup>as</sup>, the Latter-Day Messiah and Imam Mahdi, deeply loved and honoured Hazrat Imam Husain<sup>ra</sup> and believed him to be among the chosen servants of Allah. It is narrated:

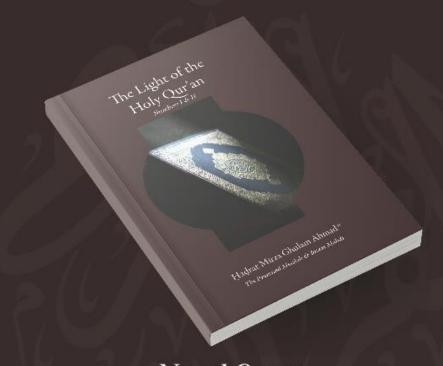
"Hazrat Mirza Ghulam Ahmadas rested on a charpoy as his children played in the garden, still unaware of the grand status of their beloved father. It was the first *ashra* [10 days] of Muharram and the Promised Messiahas called upon his children – Hazrat Nawab Mubaraka Begumra and Hazrat Mirza Mubarak Ahmadra – and narrated the story of Hazrat Imam Husainra.

As he began narrating the story, deep emotions set in. With tears flowing from his blessed eyes, he recounted how the grandchild of his beloved master, Hazrat Muhammad Mustafasa, was martyred in the plains of Karbala; how the *ahl-e-bait* – members of the house of the Holy Prophetsa – were deprived of food and water before the massacre took place of 10 Muharram.(*Tahrirat-e-Mubaraka*, p. 22)

"The anguish was visible from his face as he ended the story and expressed, 'Yazid the wicked carried out this injustice on the grandchild of the Holy Prophet<sup>sa</sup>, but God rapidly brought His wrath upon them." (Sirat-e-Tayyiba, narration no. 9, pp. 31-32)



### Majlis Khuddamul Ahmadiyya UK Book of the Year 2024-25



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### Grasp the Message

What does a Prophet's success look like?

How did false ideas (like Trinity and Jesus's divinity) spread after

his time?





**Kahoot Quiz**